

First Aid

(First Responder Program)

Program Description: First Aid is the immediate or temporary care provided to injured or suddenly ill persons until competent medical care, if required, arrives and takes over. Participants in this First Aid program will receive training that highlights emergency medical care that is administered during the critical “first 5 minutes”. Properly administered first aid precautions can save lives, reduce recovery time, and at times, could possibly be the difference between temporary disability or lifelong disability for the victim. This program is intended for anyone wishing to learn first aid procedures and be able to effectively provide care in the case of an emergency.

PROGRAM OBJECTIVES

- Good Samaritan Law
- Learn immediate/temporary care
- Caring for an injured or ill child
- Emergency response
- Perform victim assessment
- When to contact emergency medical services
- General principles of triage
- Head-to-toe exam
- Universal precautions and blood-borne pathogen awareness
- Bleeding emergencies
- Care regarding shock victims
- Understanding shock
- Burn classifications
- Care of burns
- Care for strains, sprains and splinting
- Head, neck or spinal injury
- Medical emergencies or sudden illness-signs and symptoms
- Medical emergencies or sudden illness-general first aid and care